

Early Years Lunch Menu: Week One



NORTHAMPTON
HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast
MORNING SNACK	Fruit Bowl	Veg Sticks	Bread Sticks	Bagels	Cheese and Cucumber
LUNCH	Pasta with Chicken in Tomato Sauce Served with Garlic Bread Salad	Pork or Vegan Sausage Served with Mashed Potato Seasonal Vegetables and Gravy	Beef or Vegan Chilli Served with Rice	Chicken and Feta or Spinach and Ricotta Filo Pie Served with New Potatoes and Mixed Salad	Fish or Fishless Fingers Served with Chipped Potatoes and Peas
DESSERT	Sponge and Custard	Smoothies	Rice Crispy Cake	Jelly	Ice Cream
AFTERNOON SNACK	Digestives and Banana	Toasted Teacakes	Corn on the Cob	Fruit Bowl	Veg Sticks
TEA	Jacket Potato with Tuna and Cheese	Beans on Toast	Pizza and Salad	Pasta with Tomato Sauce	Wraps, Ham, Cheese and Salad

Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

Week Commencing:

- 02/09/24 - 30/09/24
- 28/10/24 - 25/11/24